

35 YEARS HEMMERS INSTITUTE

BREDA
1984-2019

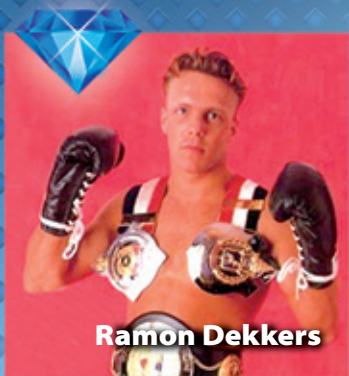
The 35th anniversary year of Hemmers Gym was marked in fine style by **Marat Grigorian.**

He won the GLORY World Lightweight Championship in May 2019 and added the belt to a collection which includes world title from K-1 and Kunlun, making him the first fighter in history to win the championship in the world's top three organizations.

Grigorian won the GLORY belt from Sitthichai Sitsongpeenong of Thailand. The two rivals had fought several times over the years, in locations all over the world, with Sitthichai always winning by way of close split-decision.

But in May 2019, Grigorian was able to topple his rival and end the Thai's three-year reign as champion. It was a dominating win for the Belgian-Armenian, marked by his knocking Sitthichai down in the second round.





Ramon Dekkers

**35 Years Hemmers Gym:
Ramon Dekkers,
Cor Hemmers,
Marat Grigorian
and Nick Hemmers**



The win continued a long tradition of Hemmers Gym fighters facing and beating the best fighters in Thailand, a tradition which began with the legendary **Ramon 'The Diamond' Dekkers**. When Dekkers began traveling to fight in Thailand from his home in Breda, Netherlands, he carved a path for other fighters to follow.

Dekkers' achievements made him an icon to fight fans around the world and earned the attention of the Thai Royal Family themselves.



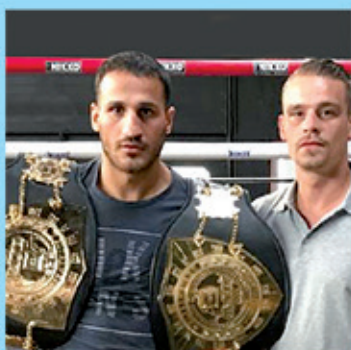
Dekkers was personally honored by King Rama IX and in 2012 was accorded the status 'Ambassador of Muay Thai' by Princess Ubol Ratana, reflecting his contributions to the furtherance of Thailand's native martial art. Grigorian's world championship came several months after Hemmers Gym heavyweight Jamal Ben Saddik, a Belgian-Moroccan, won the inaugural GLORY 8-Man Heavyweight Tournament in December 2018.

That tournament gathered eight of the top heavyweight kickboxers in the world for a one-night contest.

Ben Saddik fought three times in one night to win the competition, beating the #1-ranked Benjamin Adegbuyi of Romania in the final despite having suffered a broken hand in his previous fight.

Jamal Ben Saddik December 8th 2018 Ahoy Rotterdam





Harut Grigorian and Nick Hemmers

Julio Borges and Jady Menezes



Ben Saddik achievement crowned what was a very successful 2018 for Hemmers Gym. **Marat Grigorian** won the Kunlun belt in China in February, with **Harut Grigorian** then winning the GLORY World Welterweight Championship just two weeks later at GLORY 50 CHICAGO.

The flow continued in August 2018 when **Jady Menezes** of Hemmers Gym Brasil became the GLORY World Super-Bantamweight Champion. Menezes trains under the hugely respected **Julio Borges**, a former student of Dekkers, and became the first Brazilian female kickboxer to win such a major world title.

Borges has been extremely successful in making Hemmers Gym Brasil into a conveyor-belt of great fighters. Brazilian kickboxers like **Jhonata Diniz**, who became ACB world champion, and Ariel Machado, who reached #1 in the GLORY light-heavyweight contender ranks, have continued a tradition of excellence which has its roots in Breda, Netherlands.



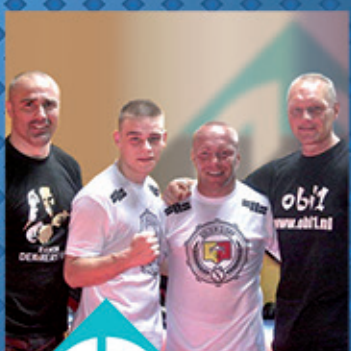
Family Gym and Dynasty

The Hemmers family needs no introduction to anyone who has even a passing interest in martial arts. Head of the family **Cor Hemmers** is one of the most decorated and accomplished trainers in the sport of kickboxing, with multiple world champions and household-name fighters having competed under his instruction.

Cor Hemmers fought professionally during the 1980's, when the sport of modern kickboxing was developing, and then became a trainer.

His encountering of **Ramon Dekkers**, who would go on to become his stepson, was a meeting of two soulmates who would go on to write their names into history side by side.

Ramon and his brother **Carlo Dekkers** trained under Cor, who was now married to their mother, and were soon joined by a third brother, Nick Hemmers, who completed this fighting family. The brothers trained and competed under Cor, learning from their experiences in the ring and at the same time absorbing his lessons on a daily basis.



The Family: Carlo, Nicky, Ramon and Cor





Cor Hemmers was a pioneer coach, constantly looking for new methods and innovations which would raise the standards of his fighters to the next level. He was also a pioneer in popularizing the sport, being both a promoter and a TV producer. His company **Oriental Fight Promotions** - co-founded with Bas Boon and Joop Musterd - was a groundbreaker in bringing martial arts entertainment to the masses long before organizations such as the UFC and PRIDE FC came into existence.



Today, the gym he founded is known as **Hemmers Gym**. But in the foundational years, the gym was called **Maeng-Ho**. It was the seed from which many talents would grow and flower.



A picture says more than a thousand words



Bas Rutten

The above picture is 32 years old. In it you can see, among others, Cor Hemmers (above right), Bas Rutten (became UFC champion) Bas Boon (co-founder Golden Glory and Glory World Series) Ramon Dekkers (8-time Muay Thai and Kickboxing world champion), Fred Royers, world champions such as Andre Masseurs, Noel vd Heuvel, Orlando Wiet, Luc Verheye and European Muay Thai champion Michael Liewufat.

After a decade of training numerous national, European and world champions and promoting events, Hemmers was asked by Bas Boon to help him promote a Mixed Martial Arts event taking place in Aruba. The collaboration was a success and led to the pair forming a management group together.

That company was named Golden Glory and it would go on to become one of the most famous teams in the history of fight sports. The USA's Heath Herring was one of the founder members and relocated to Breda to train under Cor, where he remained for several years.





Heath Herring was the first of a long list of great names that Golden Glory would take to the top of the sport.

Prominent in that list were Semmy Schilt, Alistair Overeem, Gokhan Saki, Robin van Roosmalen, Nieky Holzken, Errol Zimmerman, Chalid Arrab, Ruslan Karaev, Stefan Leko, Sergey Kharitonov, Jon Olav Einemo, Siyar Bahadurzada, Marloes Coenen, Fatih Kocamis and Valentijn Overeem.



For Golden Glory, the sky was the limit. The team's accomplishments seemed endless:



● **Semmy Schilt** : Four-time winner of the K-1 Grand Prix while training weekly with Cor Hemmers, Schilt was also the inaugural GLORY World Heavyweight Champion



● **Alistair Overeem** : K-1 Grand Prix winner, Strikeforce World Champion, DREAM World Champion.

● **Nieky Holzken** : GLORY World Welterweight Champion, K-1 Grand Prix Europe winner

● **Robin Van Roosmalen** : two-weight GLORY world champion and winner of 'It's Showtime' eight-man tournament

● **Marloes Coenen** : STRIKEFORCE world champion

● **Gokhan Saki** : GLORY World Light Heavyweight champion, Glory World Series Moscow tournament champion, Winner, K-1 Grand Prix Hawaii

● **Siyar Bahadurzada** : Glory World Series Moscow MMA tournament champion, UFC fighter

● **Chalid Arrab** : Winner, K-1 Grand Prix Las Vegas 1

● **Stefan Leko** : Winner, K-1 Grand Prix Las Vegas 2

● **Errol Zimmerman** : Winner, K-1 Grand Prix Amsterdam



GLORY

In 2012 **Cor Hemmers** retired from being an active trainer of champions. He became Head of Talent Operations for the new GLORY organization and is currently GLORY's Managing Director of Sports

At that time, Cor's training duties and were taken over by his sons Nick Hemmers and Carlo Dekkers.





Nick Hemmers followed up the tradition by not only producing awesome world class fighters as Jamal Ben Saddik (GLORY Heavyweight Tournament Champion 2018), Marat Grigorian (GLORY, K-1 and Kunlun Champion), Harut Grigorian (two-time GLORY Welterweight World Champion), Jhonata Diniz (ACB World Heavyweight Champion), Jady Menezes (former GLORY Women's World Champion) but also expanding the Hemmers Gym network via affiliate gyms.



Carlo Dekkers, the other brother of Ramon Dekkers, relocated to the USA for several years to work as a coach and personal trainer. Having developed his coaching methods with fighters in Los Angeles, being the Head Trainer at - Bas Rutten's Elite MMA. He then returned to the Netherlands. Experienced as a kickboxing instructor and former fighter, Carlo also specializes in group training.

He has worked with various police departments and the US Navy SEALs team. In the Netherlands he also has his own affiliate, Dekkers Gym.



The Dynasty Lives On

Nick Hemmers and Carlo Dekkers have experience, expertise and ambition. They are now working to continue the legacy started by Cor Hemmers and their brother **Ramon Dekkers**. With their father's knowledge they have all the tools necessary for success!



For more information on Nick Hemmers and Carlo Dekkers, visit their websites at

www.hemmersgym.nl and www.carlodekkers.nl

